## SANITY

## Principle 2:

Earnestly believe that God exist, that I matter to Him, and that He has the power to help me recover.

Happy are those who mourn, for the shall be comforted.
Matthew 5:4
Step 2:
We came to believe that a power greater than ourselves could restore us to sanity.

For it is God who works in you to will and to act according to his good purpose. Philippians 2:13 (NIV)

## S

God is our refuge and strength, an ever-present help in trouble. Therefore we will not fear, . . . (Psalm 46:1-2 NIV)
A
Accept one another, then, for the glory of God, as Christ has accepted you.
(Romans 15:7 GNB)
N
When someone becomes a Christian, he becomes a brand new person inside. He is not the same any more. A new life has begun! (2 Corinthians 5:17 LB)

## I

Nothing brings me greater joy than hearing that my children are living in the truth.
(3 John 1:4 PH)

T
It is dangerous to be concerned with what others think of you, but if you trust the Lord, you are safe. (Proverbs 29:25 GNB)

Y
While we were still sinners, Christ died for us. (Romans 5:8 NIV)

## Leader's Focus Question

What do you keep repeating over and over again expecting a different result? What result are you looking for?

